Dogwood Dash

Boone County Arboretum 5K Run/Walk

Saturday, April 17, 2010

9:00 am Race Start

All proceeds benefit Friends of Boone County Arboretum, a 501(c)(3) organization

COURSE: A beautiful scenic loop course (3.1 miles) on paved trails through the Boone County Arboretum.

PRE-REGISTRAION: Mail-in entries must be post marked by **April 9**. Online registration available until April 14 at www.runningtime.net

PACKET PICK-UP: Pick up your race number and packet on Friday, April 16, 2010 at the Boone County Extension Service, 6028 Camp Ernst Road, Union KY 41005 from 4-7 p.m.

ENTRY FEES (ALL CATEGORIES):
$20.00 Pre-registration (no shirt)
$25.00 Pre-registration with newly designed t-shirt
$25.00 Race Day (no shirt)

ENTRY FEE KIDS FUN RUN:
$5.00 Pre-registration (shirt included)
$5.00 Race Day (no shirt)

Interested in free entry? Work our Dig in the Dirt Volunteer Day on April 10 from 9:00 a.m. until 12:00 noon and receive a free entry (no shirt). Entry form will be completed at conclusion of volunteering.

RACE DAY REGISTRATION: Opens at 7:30 a.m. at the Boone County Arboretum, 9190 Camp Ernst Road, Union KY.

DIRECTIONS: From Interstate 75, take KY. 18, Exit 181 and head west towards Burlington. Travel approximately 3 miles and turn left onto Camp Ernst Road. Go 4.5 miles. Boone County Arboretum at Central Park is on the left.

KIDS FUN RUN: Kids 9/under, immediately following completion of 5K.

5K RUN CATEGORIES: Male and Female:
15/under, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70/over.

5K WALKERS: Male & Female: 29/under, 30-39, 40-49, 50-59, 60/over. Walkers must walk the entire distance. Any participant who anticipates running part of the event must register as a runner.

AWARDS: Top 3 overall males and females, runners and walkers. Top 15% of each division, runners and walkers, based on pre-registration.

RESULTS: Official race results will be posted online at www.runningtime.net and www.bcarboretum.org.

Refreshments, Door Prizes for Race Participants and Awards following race.

FOR MORE INFORMATION OR TO VOLUNTEER:
Call Laura at (859) 586-6101 or www.bcarboretum.org.

Please, no strollers or dogs in race

____$20 Pre-Registration (no shirt) ends April 9
____$25 Pre-Registration with shirt ends April 9 S M L XL (circle one)
____$25 Late-Registration (no shirt) after April 9
____ $5 Kids Run (Pre-Registration, includes shirt) ends April 9 YS YM YL (circle one)
____ $5 Kids Run (Late Registration, no shirt) after April 9

Total enclosed_____

Name_____

Address _____Phone _____

City, State, Zip _____

E-mail _____

(circle one) Runner Walker Gender: _____ Age as of 4/17/10_____

Waiver: In consideration of the acceptance of my entry, I hereby waive, discharge and release on behalf of myself, my heirs, executors, assigns, and any party claiming by or through me, all claims of any nature whether to person or to property, known or unknown, including but not limited to damages, demands, actions, suits, whatsoever in any manner, arising from my participation in this event, and do hereby specifically release the Boone County Cooperative Extension Service and Boone County Parks, its agents, servants, employees, volunteers and the Dogwood Dash coordinators, staff, sponsors, workers, officials, and volunteers from any and all claims whatsoever arising from my participation in this event. I agree to abide by all the rules for participation, and acknowledge that I am physically fit and sufficiently trained for such an event and have full knowledge of the risk(s) involved and expressly assume all risk(s) in connection with my participation.

Signature _____ **Date** _____

Parent/Guardian (if under 18) _____ **Date** _____

Emergency Contact:_____ **Phone Number:**_____

Make Checks Payable to: Friends of Boone County Arboretum
Mail form and check to Boone County Extension Service, Attn: Dogwood Dash, P.O. Box 876, Burlington KY 41005